

CHICKEN, POPCORN BREADED BREAST MEAT

Nutritional Facts			
Serving Size: (3.6oz)			
Servings Per Container			
Amount per Serving			
Calories: 194		Calories from Fat: 90	
		% Daily Value *	
Total Fat: 10g		14%	
Saturated Fat: 3g		8%	
Trans Fat: 0g			
Cholesterol: 28mg		8%	
Sodium: 799mg		30%	
Total Carbohydrate: 14g		8%	
Dietary Fiber: 1g		4%	
Sugars: 0g			
Protein 12g			
Vitamin A:		42%	
Vitamin C:		1%	
Calcium:		19%	
Iron:		2%	
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients:

INGREDIENTS: CHICKEN BREAST WITH RIB MEAT, WATER, TEXTURED VEGETABLE PROTEIN PRODUCT [SOY PROTEIN CONCENTRATE, ZINC OXIDE, NIACINAMIDE, FERROUS SULFATE, COPPER GLUCONATE, VITAMIN A PALMITATE, CALCIUM PANTOTHENATE, THIAMINE MONONITRATE (B1), PYRIDOXINE HYDROCHLORIDE (B6), RIBOFLAVIN (B2) AND CYANOCOBALAMIN (B12)], SEASONING [MALTODEXTRIN, SALT, DEXTROSE, SOY SAUCE (WHEAT, SOYBEANS, SALT), GUM ARABIC, NATURAL FLAVORS (INCLUDING SMOKE FLAVOR), GARLIC POWDER, ONION POWDER, YEAST EXTRACT, MODIFIED CORN STARCH, CORN SYRUP SOLIDS, POLYSORBATE 80, CARAMEL COLOR, SPICE, SUGAR, SILICON DIOXIDE (TO PREVENT CAKING)] AND SODIUM PHOSPHATES. BREADED, BATTERED AND PREDUSTED WITH: ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SALT, YELLOW CORN CONES, ENRICHED YELLOW CORN FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), LEAVENING (SODIUM ALUMINUM PHOSPHATE, SODIUM BICARBONATE), SPICE, SUGAR, HONEY, HIGH FRUCTOSE CORN SYRUP, DEXTROSE, WHEAT STARCH, NONFAT DRY MILK, CORN SYRUP, EXTRACTIVES OF PAPRIKA, ONION POWDER, GARLIC POWDER. BREADING SET IN VEGETABLE OIL.

Allergens

Allergen	Does Not Contain	Contains	May Contain	No Data
Crustacean	✓			
Eggs	✓			
Fish	✓			
Gluten				✓
Milk		✓		
Peanuts	✓			
Soy		✓		
Tree Nuts				✓
Wheat		✓		